



EVAC EQUIPMENT LIST

VOLLEYBALL

Required:

- Court shoes
- Knee pads
- No leak water bottle

Recommended:

- Ankle braces for front row players
- A volleyball (to use at home)

FLAG FOOTBALL

Required:

- Football cleats
- Mouthguard
- Large water bottle
- One pair solid navy shorts with NO pockets

Recommended:

- Gloves

CROSS COUNTRY

Required:

- Running shoes
- Water bottle

Recommended:

- long distance running spikes (1/4 inch spike preferred)

SOCCER

Required:

- Soccer cleats
- Shin guards
- Two pair of socks (white/blue)
- One pair solid navy soccer shorts
- Large water bottle

BASEBALL

Required:

- Baseball cleats
- Baseball mitt
- Gray baseball pants/belt
- Large water bottle

Recommended:

- Baseball bat

BASKETBALL

Required:

- Basketball/court shoes
- No leak water bottle

TRACK & FIELD

Required:

- Running shoes
- Water bottle

Highly Recommended:

- 1/4 in. spikes

ALL SPORTS Uniform purchase may be required for most teams.